

# UPTON TONIC



September 2025

<p><b>Upton Parish Council</b>  Chairman: Malcolm Yates Tel: 07976 266931  Clerk: Rhona Holloway Email: clerk@uptonnewarkparishcouncil.gov.uk  <b>www.uptonnewarkparishcouncil.gov.uk</b></p>	
<p><b>St Peter &amp; St Paul's Church</b>  Church Warden: Barbara Page Tel: 813812  PCC secretary: Tel: 814186 Email: uptonpcc@gmail.com  Church Bell Ringers Bell Captain: Bryan Northcote Tel: 812579  <b>www.beneficeofwesttrent.org</b></p>	
<p><b>Upton Village Hall</b>  Hall Hire:  Email: uptonvillagehall1@gmail.com</p>	<p><b>Upton Volunteer Cooperative</b>  Chairman: Colin Brand Tel: 819989  Secretary: Annie Brand Tel: 819989  Treasurer: Terry Smith Tel: 812535</p>
<p><b>Women's Institute</b>  President: Wendy Whitaker Tel: 814112</p>	<p><b>Cricket Club</b>  Contact: Richard Jones Tel: 813460</p>
<p><b>Babthorpe Trust:</b>  Contact: Roger Norman Tel: 07801  460667 Email: rogernorman72  @btinternet.com</p>	<p><b>Upton Crickets Day Nursery</b>  Contact: Natalie Cham-  bers Mob: 07484231205  Email: natalie@uptoncrickets.co.uk</p>
<p><b>Collies Trust:</b>  Contact: Steve Russell Mob: 07885  374519 Email: srussellsrscs@aol.com</p>	<p><b>The Cross Keys</b>  Tel: 813269</p>
<p><b>Ladies Luncheon</b>  Contact: Pam Hunter Tel: 814289</p>	<p><b>Upton Neighbourhood Watch Scheme</b>  <b>Coordinator: Position vacant.</b> Call 101 to  report anything to the police.</p>
<p><b>British Horological Institute</b>  BHI general enquiries 01636  813795 <b>www.bhi.co.uk</b></p>	<p>The <b>Museum of Timekeeping</b>  For details of opening hours see  <b>www.museumoftimekeeping.org.uk</b></p>
<p><b>Police</b>  Contact Phone Number: (Non-Emergency) Dial 101 Only  Emergency: (Crime in Progress) Dial 999 Only  www.nottinghamshire.pnn.police.uk  Crimestoppers: 0800 555111</p>	
<p><b>Southwell Medical Centre Tel: 813561</b></p>	

**Upton Tonic Contact Details**  
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**Email: anniefb@aol.com Tel: 01636 819989**  
**Deadline for October issue: Monday 22<sup>nd</sup> September**

## Upton Tonic September 2025

### What Am I Reading?

**The Radium Girls: They Paid with their Lives – Their Final Fight was for Justice**, by Kate Moore (2016) Published by Simon & Schuster, London

*'... although the company specialised in watch faces, they also had a lucrative government contract to supply luminous airplane instruments. Given there was a war raging in Europe, business was booming; the company also used its paint to make gunsights, ships' compasses and more shine brightly in the dark ... They were using slim camel-haired brushes with narrow wooden handles ... Yet as fine as the brushes were, the bristles had a tendency to spread ... They had to make the brushes even finer – and there was only one way they knew of to do that ... "We put the brushes in our mouths." ... It was a technique called lip-pointing, inherited from the first girls who had worked in the industry, who came from china-painting factories.'*

### Upton WI News

On Tuesday 26<sup>th</sup> August WI members Barbara and Jean gave a talk and slideshow on Local History. The next meeting is on Tuesday 23<sup>rd</sup> September, when Caroline Banns gives an insight into the wonderful work of the Lincs & Notts Air Ambulance. **Please note that meetings will be held in Upton Church while the Village Hall roof is under repair.**

Penny Stephenson

### Upton Volunteer Cooperative Coffee Mornings

Are you new to the village, newly retired or at a loose end on a Tuesday morning? Join us for a lively chat with refreshments, **every Tuesday from 10.30am to 12 noon. Coffee mornings will be held in Upton Church while the Village Hall roof is repaired.**



### Upton Volunteer Cooperative Knit & Natter Group Knit & Natter Group will be back in the autumn.

For more details, email Annie Brand at [anniefb@aol.com](mailto:anniefb@aol.com) or phone 819989.

*Cover picture: Courtesy of Anthony Scott*

*Upton Tonic is published monthly February to December and can be viewed on the village website [www.uptonnewarkparishcouncil.gov.uk](http://www.uptonnewarkparishcouncil.gov.uk) An emailed pdf version and paper copies are delivered free to villagers - contact Annie Brand for more details.*

Colligs Charity and Upton Parish Council Support Upton Tonic



## THE LONGEST YARN 2: BRITAIN AT WAR

The UK Premiere of all 80 panels  
Includes life-size knitted figures of a Land Girl, a Spitfire pilot and many more!

**3-27 September, Southwell Minster**



More info and tickets at [www.southwellminster.org/tly2](http://www.southwellminster.org/tly2)

or scan the QR code

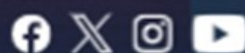
Entry £5 per adult suggested donation

A **limited** number of walk-ups will be available per session but best to book



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[www.southwellminster.org](http://www.southwellminster.org)



## The Longest Yarn 2: Britain at War 3–27 September 2025

After the success of *The Longest Yarn* last year, we are delighted that Southwell Minster has once again been chosen to host the UK premiere of the highly anticipated follow-up exhibition, **The Longest Yarn 2: Britain at War**. The exhibition is made up of 80 panels of 'wool art', each 1m long. This time the focus will be on what it was like in Britain between the declaration of war on 3<sup>rd</sup> September 1939 to VE Day on 8<sup>th</sup> May 1945. This includes significant events such as the King's Speech, D-Day, The Blitz, the bombing of major cities, Britain coping with the war, the Home Guard, the Women's Land Army, rationing, and much more. Accompanying this will be 'The Gang' – eight life-size representatives of all the services that saved Britain in its hour of need, from a Land Girl to a Spitfire Pilot.

Timed tickets are available now at [www.southwellminster.org/tly2](http://www.southwellminster.org/tly2) A maximum of six tickets can be reserved per booking – if you need more than six you can make multiple bookings. We politely request that people only book what they need, as we have a limited number of tickets. Please note, when choosing your date and time, you may need to zoom out in order to see the orange 'confirm' button.

There will be a small number of tickets set aside each day for walk-ups, but when they're gone, they're gone, so it is highly recommended to book your ticket in advance to guarantee entry.

Entry: £5 suggested donation per adult on arrival. All donations help to maintain the cathedral for generations to come – did you know it costs over £3,000 per day to keep our doors open to the public?

### *Opening times:*

Sundays: 12–2pm (12.30pm on Sunday 14 September)

Mondays: 12–4pm Tuesdays–Saturdays: 10am–4pm

© *Southwell Minster*



# OPEN DAY AT UPTON HALL

18 OCTOBER



12-5pm

**FREE ENTRY**



We're opening our doors at Upton Hall and invite everyone to come along for a free fun day out and see what clock and watch making is all about.



Lots to see and do including food, refreshments and stalls.



[www.bhi.co.uk](http://www.bhi.co.uk)





BRITISH  
HOROLOGICAL  
INSTITUTE

[It seems to be business as usual at the BHI, and we hope to have an update in the next issue of the Tonic - Ed.]

\* \* \* \* \*

## Community Open Day at Upton Hall - Celebrate the Art of Timekeeping

The British Horological Institute (BHI) is delighted to announce a special Open Day at Upton Hall on Saturday 18<sup>th</sup> October from 12pm to 5pm. This family-friendly event is completely free to attend and promises a fascinating day out for all ages. A chance to meet the Staff and Volunteers.

Visitors will have the opportunity to step inside the beautiful Upton Hall, home of the BHI, and explore the world of clocks, watches, and the craft of time-keeping. From intricate mechanisms to historic timepieces, there will be plenty to see, learn, and enjoy.

The day will also feature exciting displays inside and out including:  
Vintage cars    Heritage skills    Stationary engines  
The collection of clocks and watches  
Food, refreshments, and artisan stalls to browse.

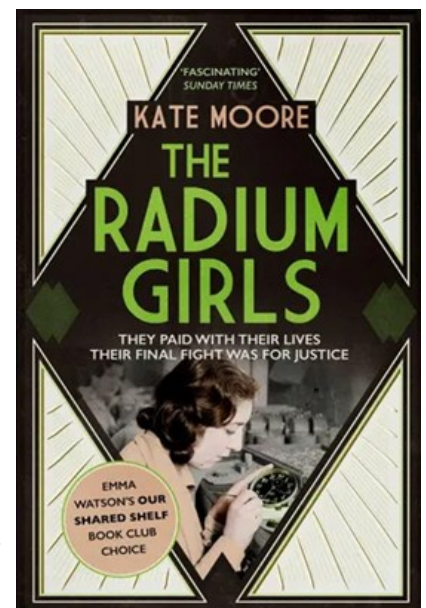
"This is a wonderful chance for the local community to discover the heritage of timekeeping and enjoy a great day out at one of our region's most impressive historic houses," said a spokesperson for the BHI.

Everyone is warmly invited to visit, whether you're a history enthusiast, a lover of craftsmanship, or simply looking for an enjoyable afternoon out with the family. Admission is free - donations towards the upkeep always welcome!

### Museum of Timekeeping:

'Horology & Women; The Radium Girls, Shining a Light on Dark Times in Horology. These brave women, employed to paint watch dials with radium-laced paint, unknowingly sacrificed their health to bring us luminous timepieces that glowed in the dark.

'As the dangers of radium became known, largely due to the dire health conditions these women endured, their tragic story helped spearhead crucial advancements in labour safety laws and occupational health practices. The Radium Girls' legacy is not just about the risks they faced but about their strength in fighting for justice, leading to safer workplaces for future generations.'



[See 'What Am I Reading?' on page 3 - Ed.]

## Church News

We now have a new vicar and I am sure those of you who came to Revd James Moring's first service at Upton will have been delighted with his enthusiasm, strong faith and commitment to his new parishes. We look forward to his coming to live among us in Thurgarton at the end of this month, with his wife Joy and his two lovely sons, whom we met at his service here in August.

Meanwhile events are moving forward. We have decided to hold our Harvest Festival rather earlier than previously advertised because of the very unusual summer we are having and the fact that the corn harvest is already gathered, and fruit and vegetable crops in our gardens are so very far advanced. So our Harvest Festival will be on Sunday 7<sup>th</sup> September led by Barbara at 10.30am and we ask that you bring your contributions of foods for the Crop Drop and Newark Food Bank either to that service or to the church on Saturday afternoon so that once again we have our usual magnificent display of generosity for those in need.

The Harvest Supper will take place in late October when we can again use the Village Hall, and arrangements for the sale of tickets will be advertised in next month's Tonic. So let us again rekindle that spirit of community that was always Upton's way.

Incidentally, while the Village Hall is undergoing renovation, the Tuesday Coffee Mornings and the WI Meetings will be in the church – yes, we can still provide you with all the luxuries of your refreshments! Meanwhile, keep warm or cool as our peculiar climate dictates!



### Sunday Services Across the Benefice in September:

Sunday 7 <sup>th</sup> September:	Upton Harvest Festival led by Barbara
Sunday 14 <sup>th</sup> September:	Harvest Festival at Rolleston led by Peter Morning Praise at Halloughton led by Angela
Sunday 21 <sup>st</sup> September:	Benefice Holy Communion at Rolleston led by Revd James Moring
Sunday 28 <sup>th</sup> September:	Morning Praise at Hoveringham led by Angela Harvest Festival at Morton led by Shaun & Roger Harvest Festival at Thurgarton led by Revd James Moring

*All services start at 10.30am unless otherwise stated.*

*Zoom worship is held each Sunday at 9.00am.*

Barbara Page, Church Warden

## Parish Council Notes from August

[www.uptonnewarkparishcouncil.gov.uk](http://www.uptonnewarkparishcouncil.gov.uk)

There was no Parish Council meeting in August but I wanted to keep you up to date.

We are pleased to let you know that finally the work on the Village Hall started on Tuesday 26<sup>th</sup> August. This work is anticipated to take four to six weeks. The work comprises the roof being stripped, retiled and insulated, and it will be weather proof for another 25 years. We apologise to the users of the Village Hall as, unfortunately, it will not be available to use during this time. Other arrangements have been put in place. If anybody has any problems whilst the works are taking place, please do not hesitate to contact me or Roger Norman, the project manager.

Obviously, this will mean that the next Parish Council meeting due to take place on Wednesday 17<sup>th</sup> September will still be an open meeting but will be held in the Dovecote at the Cross Keys pub.

Malcolm Yates, Chairman

### Upton Monthly Village Draw

Congratulations to the August prize winners:

<b>1<sup>st</sup> prize £50:</b>	<b>A Croad 003</b>
<b>2<sup>nd</sup> prize £25:</b>	<b>A Smith 036</b>
<b>3<sup>rd</sup> prize £10:</b>	<b>S Miller 167</b>
<b>4<sup>th</sup> prize £5:</b>	<b>J Black 151</b>



### Letter from the Editor

**Many thanks to all those villagers who have contacted me regarding the way they access Upton Tonic. As you will know by now, the Parish Council has taken over the printing costs for the Tonic.**

**We have contacted all villagers to ask if they can access the Tonic on the new village website ([www.uptonnewarkparishcouncil.gov.uk](http://www.uptonnewarkparishcouncil.gov.uk)) via their computer or smartphone, need an emailed pdf, or still require a paper copy.**

**Astonishingly, I'm still waiting to hear from 58 people! Do they not even read Upton Tonic? If this is the case, what a waste of time, effort and money!**

**Please help us to save time and reduce our printing costs.**

**Phone me on 07983 422503, email me at [anniefb@aol.com](mailto:anniefb@aol.com), or drop a note in to me at North House, 2 Main Street.**

**Annie Brand, Editor**

## CROSS KEYS UPTON



Booking in advance is advisable: 01636 813269

Please see updates on our website: [crosskeysupton.co.uk](http://crosskeysupton.co.uk)

Cooked takeaway food can be collected from us from 5pm to 8pm,

Monday to Saturday – orders taken throughout the day.

Beer is also available on a takeaway basis.

Menus will vary according to availability. Vegetarian or other dietary requirements catered for. If you want any other food, please ask.

Call us if you have special requirements.

*Please speak to a member of staff if you have any allergies.*

Pash & Joy xx

### ◊ Cross Keys Menu ◊

*All priced at £12.50 All served with Chips or Rice, Peas or Salad*

Fish Scampi Pie Burger Lasagne Sausage & Mash Curry Chilli  
Jacket Potato (various fillings) £12.50

### Specials:

Horseshoe Gammon with Egg or Pineapple, Chips & Peas £15.95

BBQ Pork Ribs with Onion Rings, Chips or Rice & Peas £15.95

Liver & Bacon in Onion Gravy with Mash, Carrots & Peas £15.95

12oz Sirloin Steak with Chips, Onion Rings, Mushrooms & Salad £17.95

Pasta Bake Tomato & Mascarpone or Chicken Arrabbiata

With Garlic Bread & Salad £15.95

### Kids' Menu:

*All priced at £7.95 and served with Chips & Beans or Peas*

Chicken Nuggets Fish Fingers Sausages Burger

### ◊ Sunday Lunch Choice of Meats £13.95 ◊

Served from 12 noon to 4pm Please ring in advance to order.

### Opening hours:

Mon to Tues 4pm till close Wed to Sun 12 noon till close

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# Homeward Bound

YOUR JOURNEY STARTS THIS YEAR!

**G**  
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