

UPTON TONIC



March 2026

<p>Upton Parish Council Chairman: Malcolm Yates Tel: 07976 266931 Clerk: Rhona Holloway Email: clerk@uptonnewarkparishcouncil.gov.uk www.uptonnewarkparishcouncil.gov.uk</p>	
<p>St Peter & St Paul's Church Vicar: Revd James Moring Mob: 07986 228992 Church Warden: Barbara Page Tel: 813812 PCC secretary: Malcolm Robertson Mob: 07916 511968 Email: uptonpcc@gmail.com Church Bell Ringers Bell Captain: Bryan Northcote Tel: 812579 www.beneficeofwesttrent.org</p>	
<p>Upton Village Hall Hall Hire: Email: clerk@uptonnewarkparishcouncil.gov.uk</p>	<p>Upton Volunteer Cooperative Chairman: Colin Brand Tel: 819989 Secretary: Annie Brand Tel: 819989 Treasurer: Terry Smith Tel: 812535</p>
<p>Women's Institute President: Wendy Whitaker Tel: 814112</p>	<p>Cricket Club Contact: Tom Anderson Mob: 07713637181</p>
<p>Babthorpe Trust: Contact: Roger Norman Tel: 07801 460667 Email: rogernorman72 @btinternet.com</p>	<p>Upton Crickets Day Nursery Contact: Natalie Cham- bers Mob: 07484231205 Email: natalie@uptoncrickets.co.uk</p>
<p>Collies Trust: Contact: Steve Russell Mob: 07885 374519 Email: srussellsrscs@aol.com</p>	<p>The Cross Keys Tel: 813269</p>
	<p>Upton Neighbourhood Watch Scheme Coordinator: Position vacant. Call 101 to report anything to the police.</p>
<p>British Horological Institute BHI general enquiries Tel: 01636 813795 www.bhi.co.uk</p>	<p>The Museum of Timekeeping For details of opening hours see www.museumoftimekeeping.org.uk</p>
<p>Police Contact Phone Number: (Non-Emergency) Dial 101 Only Emergency: (Crime in Progress) Dial 999 Only www.nottinghamshire.pnn.police.uk Crimestoppers: 0800 555111</p>	
<p>Southwell Medical Centre Tel: 813561</p>	

Upton Tonic Contact Details
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Deadline for April issue: Monday 23rd March

Upton Tonic March 2026

What Am I Reading?

The Lost Orchard: A French chef rediscovers a great British food heritage – stories and recipes, by Raymond Blanc (updated edition, 2023) Published by Headline Publishing Group, London

'Many years ago, one of my guests at Le Manoir aux Quat'Saisons gave me a gift of a bottle of Egremont apple juice from a grower in Norfolk. He told me that this apple juice had been lightly sterilised for safe keeping. I remember it well because instead of offering him a glass of Champagne to show my gratitude, I opened his bottle of apple juice there and then ... it was the best apple juice that I have ever tasted ... From that day the Egremont Russet has been in my heart, so much so that we planted one hundred and ten trees in my orchard.'

Upton WI News

On Tuesday 24th February, guest speaker Jill Berry gave a talk on the work of an author. The next WI meeting on Tuesday 24th March at 2.30pm is the AGM when we will also have the Agenda for 2026–2027. New members are always welcome.

Penny Stephenson

Upton Volunteer Cooperative Coffee Mornings

Are you new to the village, newly retired or at a loose end on a Tuesday morning? Join us for a lively chat with refreshments, **every Tuesday from 10.30am to 12 noon in the Village Hall.**



Upton Volunteer Cooperative Knit & Natter Group

Join our daytime group, and bring along your knitting, crochet or sewing projects. Help given if needed. **We now meet on the first and third Tuesday of each month from 10.30am to 12.00 noon in the Village Hall at the same time as coffee mornings. March meetings: 3rd & 17th.**



Cover picture: Courtesy of Anthony Scott

Upton Tonic is published monthly February to December and can be viewed on the village website www.uptonnewarkparishcouncil.gov.uk An emailed pdf version and paper copies are delivered free to villagers - contact Annie Brand for more details.

Colligs Charity and Upton Parish Council Support Upton Tonic

Church News

In the depth of Winter with Christmas only weeks behind us, we are now in the season of Lent. What does that mean to us all – giving up chocolate or an opportunity to re-examine ourselves and our reliance on God? It is surely a time for reflection and hope in a world that is mired in conflict and suffering. Here in Upton we are blessed with so many opportunities for getting together and enjoying the company of others. The snowdrops abound like never before and the daffodils are appearing. On Good Friday we will again be walking across the Benefice from church to church, starting at Upton at 10.00am with lots of stops, refreshment and reflections – and you do not have to do the whole walk. On Easter Sunday there is a Benefice service at Rolleston and here at Upton I will be conducting a simple service at 11.00am for families, followed by an Easter Egg Hunt for everyone. On Sunday 12th April at 3.00pm, our organist Derek is planning a grand get-together in church to mark his retirement, with lots of music and songs from his talented friends and neighbours. An occasion not to be missed.

Services Across the Benefice in March:

- Sun 1st March: Morning Praise at Upton led by David Hanson
Sun 8th March: Holy Communion at Rolleston led by Revd James
Morning Praise at Halloughton led by Angela Green
Sun 15th March: Mothering Sunday Holy Communion at Morton led by Revd James
Morning Praise for Mothering Sunday at Hoveringham led by David Hanson
Sun 22nd March: Holy Communion at Thurgarton led by Revd James
Sun 29th March: Palm Sunday Holy Communion at Bleasby led by Revd James

Services start at 11am unless otherwise stated.

Zoom worship is held each Sunday at 9am – ask for an invitation.

Barbara Page, Church Warden (Tel: 813812)

Upton Fete 2026

A quick reminder that the village fete will take place on **Saturday 11th July**. The format will be as in previous/recent years with live music, bar, BBQ, stands and all the usual games, etc. We are looking to try a small **Vintage Car Rally**, and a **Celebration of 200 years of Upton School**. Watch this space, put it in the Diary and don't book a holiday! 😊 More updates soon.

David Pick 07713 644668 email: pickydavid2018@outlook.com

Mobile Library Upton Stop Change 2026

**Stop 11: Now Near Bus Stop Opposite BHI Upton Hall
(not Top of The Close or Crickets Car Park)**

Arrives: 14.35 Departs: 15.00 Day: Monday

**Dates: 16th Mar, 13th April, 11th May, 8th June, 6th July, 3rd Aug,
28th Sept, 26th Oct, 23rd Nov, 21st Dec.**

Parish Council Notes
www.uptonnewarkparishcouncil.gov.uk

The Parish Council met in the Village Hall on Wednesday 18th February.

The Parish Council have requested for speed monitoring tubes to be placed in the village, as we are still plagued with speeding motorists.

We are waiting for the decision on the planning application for the two houses on the old French Horn field. Quite a few villagers came to the last meeting, where Councillor Melton said he was going to look into the application and he would speak to the planning officers regarding it being made a planning committee decision rather than an officer-made decision. Unfortunately, he admitted at the meeting that he had forgotten about this, so we are not sure who will make the decision.

We have replaced the pads in both defibrillators. For those unaware, there is a defibrillator outside the Village Hall and one at the Cross Keys should anybody ever need one.

We are looking at trying to improve the footpath from Church Walk to the churchyard and we are looking into options regarding a new surface or a reconditioned surface.

We have written again to Notts County Council Highways regarding potholes in and around the village – we will see what happens.

There are currently two vacancies on the Parish Council so, if anybody is interested in joining this organisation, please contact me or the Parish Clerk.

The next meeting will take place on Wednesday 18th March at 7.30 pm in the Village Hall. All are welcome.

Malcolm Yates, Chairman

Upton Monthly Village Draw

The February monthly village draw took place at the meeting.

The winners are:

1st prize £50:	S Quick 201
2nd prize £25:	P Hazlehurst 008
3rd prize £10:	J de Berry 216
4th prize £5:	K Hickinbotham 102



Congratulations to all winners! The March draw will be the last one for this year, so Judith will be contacting you all regarding renewing your subscriptions from April onwards. Please note that the bank details for the Parish Council account have been changed, so any standing orders will need altering. The new details are: UNITY TRUST BANK, Sort Code 608301, Acct no. 20531847. Should anybody new to the village wish to join, please phone Judith on 07960 441023 or email her at judithlund2804@gmail.com All funds raised go to keeping the Village Hall open to use for any events. Numbers are available at £12 per number per year.

CROSS KEYS UPTON



Booking in advance is advisable: 01636 813269

Please see updates on our website: crosskeysupton.co.uk

Cooked takeaway food can be collected from us from 5pm to 8pm,

Monday to Saturday – orders taken throughout the day.

Beer is also available on a takeaway basis.

Menus will vary according to availability. Vegetarian or other dietary requirements catered for. If you want any other food, please ask.

Call us if you have special requirements.

Please speak to a member of staff if you have any allergies.

Pash & Joy xx

◇ Cross Keys Menu ◇

All priced at £13 All served with Chips or Rice, Peas or Salad

Fish Scampi Pie Burger Lasagne Sausage & Mash Curry Chilli
Jacket Potato (various fillings) £13

Specials:

Horseshoe Gammon with Egg or Pineapple, Chips & Peas £15.95

BBQ Pork Ribs with Onion Rings, Chips or Rice & Peas £15.95

Liver & Bacon in Onion Gravy with Mash, Carrots & Peas £15.95

12oz Sirloin Steak with Chips, Onion Rings, Mushrooms & Salad £19.95

Pasta Bake Tomato & Mascarpone or Chicken Arrabbiata

With Garlic Bread & Salad £15.95

Kids' Menu:

All priced at £7.95 and served with Chips & Beans or Peas

Chicken Nuggets Fish Fingers Sausages Burger

◇ Sunday Lunch Choice of Meats @ £14.50 ◇

Served from 12 noon to 4pm Please ring in advance to order.

Opening hours:

Mon to Tues 4pm till close Wed to Sun 12 noon till close

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